

BASIC MANNERS I COURSE

Module 1 Homework

1

WATCH

We like to think of eye contact as the ultimate behavior. Pretty much every “problem” behavior that your dog does, he can’t do if his eyes are locked on yours.

✓ Did 10	Step	Distractions	Tips/Notes
	1 Put a treat between your thumb and pointer finger. Bring the treat from your dog’s nose up to your eyes and say, “Good!” the instant his eyes meet yours.	Very low: Inside away from windows or normal household distractions	<ul style="list-style-type: none"> Reward after you say “Good!” Don’t say “Watch” just yet; we’ll incorporate the verbal systematically later.
	2 Same as above	Moderately low: A new room inside	Same as above
	3 Same as above	Higher: Inside, with distractions such as running kids or distractions near a window	Same as above
	4 Same as above	Moderately high: In your back yard or equivalent	Same as above
	5 Same as above	High: Out on a walk or equivalent	Same as above

2

BODY HANDLING

Be very generous with treats: this is “Pavlov’s Dog” training. Remember that the handling should come before the treat, not simultaneously!

✓ Did 10	Step	Distractions	Tips/Notes
	1 Look in ears, then say “Good!”	Very low: Inside away from windows or normal household distractions	Reward after you say “Good!”
	2 Lift up lip, then say “Good!”	Same as above	Same as above
	3 Grab collar, then say “Good!”	Same as above	Same as above
	4 Look in ears, then say “Good!”	Same as above	Same as above
	5 Tap foot, then say “Good!”	Same as above	Same as above

4 HOMEMADE TREAT RECIPE

INGREDIENTS

- 1 12 oz can of Tuna or other meat, undrained
- 2 eggs
- 1.5 cups flour (use tapioca flour for a gluten-free version)

METHOD

Mix all ingredients well, then spread out on a baking sheet lined with parchment paper. Cook in a 300 degree oven for 30 minutes. Allow to cool completely (overnight is best) before cutting into bite-sized pieces with a pizza cutter. Store in refrigerator or freezer.

5 PRO TIPS

- *For steps 1-4 in the Watch plan, use your dog's kibble for treats. Be sure to adjust the amount you feed him in his bowl to compensate for the calories he'll now be getting through training.*
- *For step 5 in the Watch plan and all steps in the Body Handling plan, use the recipe above for treats. When we make it harder for the dog, we want our payment to be higher!*
- *Try to train in 10-15 minute increments, once or twice a day, 3-5 days per week. Put your training sessions in your calendar, the same way you would any other appointment.*